

## PRE-CERTIFICATION LIST AS OF MAY 2003

Contact Aetna for Precertification

Applies to Aetna Choice™ POS, Aetna Golden Choice™, Aetna HealthFund™, Golden Medicare Plan™, HMO Managed Choice, Open Access™, Elect Choice Open Access™ HMO, Managed Choice, Open Choice, QPOS and USAccess™ benefit plans<sup>1</sup>

**1. Inpatient confinements:**

- Surgical and non-surgical confinements
- Skilled nursing facility
- Rehabilitation facility
- Inpatient hospice (except Medicare)
- Maternity confinements (for notification purposes only please call after the first prenatal visit)

**2. Reconstructive procedures and procedures that may be considered cosmetic:**

- Blepharoplasty/canthopexy/canthoplasty
- Excision of excessive skin due to weight loss
- Tattoo removal, revision or application
- Rhinoplasty/rhytidectomy
- Gastropasty/gastric. Bypass
- Pectus excavatum repair
- Breast reconstruction/Breast enlargement
- Breast reduction/mammoplasty
- Surgical treatment of gynecomastia
- Lipoectomy or excess fat removal
- Treatment of penile dysfunction
- Sclerotherapy or surgery for varicose veins
- Any other potentially cosmetic procedure

**3. Selected durable medical equipment:**

- Electric or motorized wheelchairs and scooters
- Clinotron and electric beds
- Customized braces
- Limb and torso prosthetics

**4. Medical Injectables:**

- Intravenous immunoglobulin
- Growth hormone
- Rebif
- (IVIG) Blood dotting factors
- Remicade.
- Pegasys

**5. Uvulopalatopharyngoplasty including laser-assisted procedures****6. Orthognathic surgery procedures, osteotomies and surgical management of the temporomandibular joint****7. Laparoscopic infertility surgery****8. Bunionectomy and hammertoe surgery****9. Elective (non-emergent) transportation by ambulance, or medical van and all transfers via air ambulance****10. All home health care services****11. Requests for in-network level of benefits for nonparticipating physicians and providers for non-emergent services<sup>2</sup>****12. Dental implants and oral appliances****13. Services that may be considered Investigational or experimental****Special Programs**

- Mental health, substance abuse or behavioral health services: see member's ID card
- Mans to Babies™ Maternity Management Program, including genetic testing, antenatal testing, perinatal consultations & counseling: 1-800-272-3531

• Infertility Program: 1-800-575-5999. Requests received after 4PM EST will not be evaluated until the next business day

• Pharmacy Precertification: 1-800-4142386 (Only medical injectables listed in #4 above must be precertified through Patient Management by calling the number on the member's ID card.)

• National Medical Excellence program for all major organ transplant evaluations and transplants including but not limited to kidney, liver, head, lung and pancreas and bone marrow replacement or stem cell transfer after high dose chemotherapy: 1-877-212-8811

• (Where applicable) HMO plan members only: Outpatient imaging precertification for CTs MRI/MRA, Nuclear Cardiology, Pet Scans: 1-800-XXX-XXXX

<sup>1</sup> Not all plans are offered in all service areas.

<sup>2</sup> For Golden Medicare Plan, QPOS, USAccess and Managed Choice benefit plans, members may elect to go outside the network and receive reduced benefits.

**Additional Assistance and Information:**

- Call Member Services for confirmation of member benefits and , see members' ID card for toll-free number.

- Visit <http://www.aetna.com/cpb/index.html> for Coverage Policy Bulletins.
- Visit <http://www.aetna.com/docfind/index.html> for DocFind©, a searchable index of participating physicians and providers.
- Contact your local Provider Relations representative.